



FISHER TOWERS RAFTING ADVENTURE PACKET





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FISHER TOWERS

You will be awestruck when you see the red rock formations that usher you through this wet and wild section of the Colorado River. Look forward to water fights, class III rapids, and world-class scenery. This is our most accessible adventure opportunity, starting only 20 miles outside of downtown Moab.





BOAT OPTIONS

We set up our boats to provide the most comfortable experience possible for people of all ability levels. We have 3 boat options available to suit the needs of everyone.

PADDLE BOATS

Paddle boats are the most “bare bones” rafting option. These boats can carry up to 8 passengers who will use paddles to assist the guide in moving swiftly down river, and navigating through rapids. Because paddle boats are lighter than our other boat options whitewater has a greater effect on them which makes for a bouncy, wet and wild ride. We recommend paddle boats for people with a lot of energy, good lateral balance, ability to hold and use a paddle, and good use of their arms and legs.

STERN FRAME

The stern frame option is much like a paddle raft with the exception of a frame placed in the back compartment of the boat with 2 large oars attached. These oars assist the guide in making quick turns and add a little extra boost for paddlers with less strength. These boats can carry up to 6 passengers and are recommended for participants with good lateral balance, ability to hold and use a paddle, and good use of their arms and legs. The stern frame is a good option for younger children and people who may have less stamina or have attention deficiencies.

OAR BOATS

Oar boats are our most stable vessel. The large steel frame in the middle of these rafts adds weight and allows the boat to move through the river smoothly. Guides use the two oars that are attached to the frame to navigate through rapids without assistance from passengers. These boats are good for all ability levels and can carry up to 3 passengers.



SAMPLE ITINERARY

One of the best parts of a river trip is the flexibility of the daily itinerary. This flexibility means that each trip is unique and can be customized to suit the needs and desires of the participants. Below is an idea of what this adventure will look like.

- You will meet the Splore guides in the morning at your meeting location. Refer to your trip confirmation.
- Once everyone has arrived, we will start our trip with an opening circle in which we get to know everyone's names and goals for the day.
- After introductions, we will provide a safety briefing, in which we lay down some general rules to keep the group safe on the river, how to use our equipment, and how to properly wear a Personal Flotation Device (PFD).
- Get on the mighty Colorado River for a day for water fights, swimming and rapids!
- Lunch along the river. You will enjoy an amazing meal with views of the Fisher Towers and other amazing rock formations.
- *If you are doing a day trip*, we will finish the rapids after lunch and deliver you to Take Out Beach, where your car awaits, by mid to late afternoon.
- *If you are doing an overnight trip*, we hop back into our rafts after lunch and head down river toward our campsite.
- Arrive at Onion Creek Campsite. This will be our home for the evening. We'll enjoy camp activities, eat a delicious dinner, and then gather around the campfire for evening activities.
- The next morning, coffee, tea and hot cocoa will be served as the sun rises. Then we'll have breakfast and start to pack up camp.
- By mid-morning, we'll be loaded up and will be heading back onto the water. Rapids like Cloudburst, Rocky and White's await.
- Depending on how fast the water is moving, we will either stop for lunch or wait to eat at Take-Out Beach.
- At Take-Out Beach, we will unload, have a closing circle, and say our goodbyes. Your vehicles will be waiting to whisk you away to your next adventure.

**This is a sample itinerary. Your trip may vary per your goals and requests.*



SPLORE SUPPLIES

Splore strives to make each trip as accessible and easy for our participants as possible. On our trips you won't have to worry about making dinner, taking out the trash, or even what time it is. We take care of almost everything for you.

WHAT SPLORE PROVIDES

- Personal Flotation Devices, aka life jackets. You are required to wear a Splore PFD—please do not bring your own.
- Meals (lunch for day trips, all meals for overnight trips)
- Mess Kit: plates, utensils, cups, bowls, etc.
- Beverages (water and drink mix on day trips, and coffee, tea, hot cocoa, and one soda per person per day on overnight trips)
- Dry bags for overnight trips
- Camp Chairs

ITEMS YOU CAN BORROW

To borrow these items, let us know as soon as possible as supplies are limited and available on a first come, first serve basis.

- Sleeping Bags
- Sleeping Pads
- Tents (4 person)
- Cot

NOT INCLUDED

- Lodging before and after the river trip
- Alcoholic beverages
- The cost of emergency evacuation and medical care beyond first-aid
- Gratuity for guides





PACKING LIST

WHAT YOU SHOULD BRING

- Lightweight quick dry shorts or pants (avoid bringing denim as it gets heavy and uncomfortable when wet)
- Sandals or an old pair of shoes that attach at the ankle (no flip flops – they will not stay on your feet or provide protection)
- Two t-shirts or long sleeve shirts
- Long sleeve shirt
- Long pants
- Thermal underwear during April, May and late September
- Fleece Jacket or Warm Jacket/Coat
- Rain Jacket
- Camp/Hiking Shoes
- Several pairs of warm socks: wool or synthetic
- Pajamas
- A dry change of clothes for the ride home
- Hat or cap with a brim (hats with chin straps are best)
- Sleeping Bag, Sleeping Pad, Tent–can be borrowed from Splore if necessary
- Flashlight/headlamp
- Sunscreen & Sunglasses with a strap
- Water bottle
- Personal Hygiene: soap, toothbrush & toothpaste, chapstick with SPF, lotion, toiletries, etc.
- Medications (if necessary)
- Personal Items: camera, book, magazine, games, etc.

WHAT NOT TO BRING

- Weapons
- Illegal drugs
- Glass bottles of any sort
- Pets
- Your own PFD (personal flotation device)

ALCOHOLIC BEVERAGES POLICY

Alcoholic beverages are allowed on most overnight/multi-day trips for consumption at camp, at the end of the day, and not in excess. Participants acting as caregivers/chaperones are asked to drink moderately. Splore does not provide alcoholic beverages; you must bring your own. If you are going on a multi-day trip with us and would like to bring beer or wine, please limit the amount you bring to one 6-pack per person, or one box of wine per three people. No glass bottles! If you have questions, please call our office.



OTHER CONSIDERATIONS

EMERGENCIES

Our guides are capable of handling emergencies as they arise (although they are generally few and far between). Trip leaders and guides are certified in Wilderness First Aid and CPR. Our emergency equipment includes wilderness oriented first-aid-kits and satellite communications systems. We are able to call for medical assistance or evacuation if necessary. If an evacuation is necessary, you will be helicoptered out to the nearest medical center. If additional treatment or hospitalization is required, you will probably be taken to Grand Junction, CO (for whitewater rafting trips) or Salt Lake City (for all other trips). The cost associated with evacuation and subsequent medical treatment is the financial responsibility of the ill or injured person.

MEALS

We pride ourselves on delicious and healthy meals prepared fresh for you. We locally source our meats and cheeses as much as possible. If you have dietary restrictions, please let our office know. Please keep in mind we cannot accommodate everyone's food preferences, and if you have a strict diet, we encourage you to bring supplemental non-refrigerated food items with you.

CLIMATE

SUMMER: This region is considered to be a high desert – ground level in Moab is 4000 feet and the surrounding National Parks reach elevations of over 6000 feet. During the summer months there is very little cloud cover and humidity is extremely low which results in remarkably cool and comfortable evenings. As a result of that cooling, the morning temperatures are quite comfortable. The warmest part of the day is usually from 1:00 pm - 4:00 pm, often getting into the 90's.

SPRING AND FALL: Spring and fall weather is unpredictable. Be prepared for sudden changes in the weather. May and October can be some of the driest months, although snowstorms may occur.



FREQUENTLY ASKED QUESTIONS

Q: How old do you have to be?

A: Splore requires participants to be at least 5 years old and, for river trips, weigh at least 50 pounds in order to fit into a youth PFD (life jacket).

Q: What is the minimum number of people that can go on a trip?

A: There is no minimum, however the more people you bring on a trip, the cheaper the price per person. Please refer to our Dates & Rates page on our website www.splore.org.

Q: Do I need to bring my own food?

A: Our Salt Lake City day trips do not provide meals. All overnight trips include meals, as well as Moab day trips.

Q: Do you provide transportation?

A: If you need transportation, please call the Splore office at (801) 484-4128. We charge \$250 for round trip transportation in the Salt Lake City area. Moab area rates vary.

Q: I have a disability that limits my ability to take care of my own personal needs. Will Splore guides be able to assist me?

A: Splore guides are trained in transfers and assisting participants in getting around camp, they are not trained personal care attendants. If you need assistance with any of the following: toileting, eating, taking medication, dressing, and getting in/out of bed, then you will need to bring a personal care attendant with you. There is no additional cost for one attendant to accompany you.

Q: What if I can't afford the full cost of the trip?

A: Splore staff work tirelessly to get grants to underwrite the cost of our trips for low-income individuals and families. If you need a scholarship, please contact the office or visit the scholarship page on our website. Please keep in mind that everyone must contribute at least 10% of their trip cost.

Q: Is there anyone you won't take on a trip?

A: It is Splore's mission to get everyone outside to experience amazing adventures, however, we do have some criteria that participants need to meet to be able to go on trips with us. See page 10 for Essential Eligibility Criteria.

Q: How do you take people in wheelchairs rafting?

A: We strap modified plastic lawn chairs to the frame of an oar boat. These chairs provide back and lateral support for the participant. Often times we will have two people sitting on either side of the chair to provide stability in bigger rapids.

Q: When we are camping on the river, where do we go to the bathroom?

A: Camping on the river is an amazing experience for many reasons, but the "groover" is definitely one of the best parts. A groover is a large metal (or sometimes plastic) receptacle with an air tight lid that can be removed to fit a toilet seat. This is where all of our solid waste goes during the trip. For liquid waste, we ask that you use the river. On overnight trips we set up a bucket next to the groover, so you don't have to get your feet wet.

For trips where there are people with mobility impairments, Splore brings support bars that go around the groover to assist with transfers on and off, and a privacy tent so that the groover can be closer to camp and participants can still have their privacy.

Q: Do different river sections have different eligibility criteria?

A: The eligibility criteria is general to the rafting program and therefore pertains to all river sections, however, some sections of whitewater have additional safety criteria. Please check with our office if you have questions on if your river section will be suitable for you and your group.

Q: Can I bring my own personal PFD?

A: No. Utah State Law requires that all passengers on commercial rafting trips wear type V personal floatation devices that have 4 buckles, a pillow at the head and are US Coast Guard Approved.

WHAT TO EXPECT AS YOU PREPARE FOR THE TRIP

If you have any other questions that are not addressed in this section or the FAQ section, please call (801) 484-4128 or email info@splore.org.

AFTER BOOKING

After you have paid your deposit, we will send you a link to fill out your paperwork electronically. If you're unable to fill out the forms electronically, please contact our office for other arrangements. Paperwork must be completed for everyone on the trip.

TWO WEEKS BEFORE THE TRIP

If your numbers have changed, please contact our office at least two weeks prior to your trip so you are not charged for extra people, or if you want to add people, to ensure that we can accommodate additional people on your trip.

If you, or a member of your group, has experienced a change in health or experienced a recent injury, please contact the Splore office so we can make necessary accommodations.

THE DAY OF

You will meet Splore staff at the designated time and location on your trip confirmation. Have fun!

AFTER THE TRIP

Within a week after your trip, a Splore staff member will be checking in with you to see how your trip went and if there is anything we can improve upon for next year. These surveys assist us in improving our programming, and in getting grants that provide scholarship funds. We appreciate your participation.





ESSENTIAL ELIGIBILITY CRITERIA

In order to participate on a Splore trip, each individual must meet the following essential eligibility criteria. Participants must:

1. Be 18 years or older, or be accompanied by an adult;
2. Be able to manage all personal care and mobility independently or with the assistance of a companion (friend or family member);
3. Be able to breathe independently, not require medical devices to sustain breathing;
4. Be able to effectively signal or notify guides or other trip participants of personal distress, injury or need for assistance;
5. If taking prescription medications, be able to maintain proper dosage by medicating independently or with the assistance of a companion;
6. Be able to travel in a physically demanding, remote backcountry environment for the uninterrupted period of the trip length, which can range from one to six days. Trip conditions may vary from cold (below 32 degrees F) to hot (above 90 degrees F) depending on trip location and season and may include, but are not limited to, rain, snow, hail, uninterrupted sun, wind. The remoteness is such that it may require at minimum an hour, but perhaps in excess of 2 days travel, to reach the nearest road and advanced medical care;
7. Be able to move about the campsite independently or with the assistance of a companion, on trips that include overnight camping;
8. Be able to remain adequately hydrated, fed, and properly dressed so as to remain generally healthy and be able to avoid environmental injuries such as hypothermia, heat-related illness, sunburn and frostbite;
9. Be able to wear all safety equipment correctly such as, but not limited to, helmet, harness, or personal flotation device;
10. Get in and out of a boat independently or with the assistance of a companion or guide;
11. Independently turn from face down to face up and remain floating face up while wearing a properly fitted personal flotation device (life jacket);
12. Perceive, understand and respond to commands given by a guide independently or with the assistance of an interpreter;
13. Exit a capsized boat, grab on to another boat or rope for rescue purposes and/or perform self rescue or cooperate with assisted rescue;
14. Remain seated and balanced in a floating raft or canoe with the use of adaptive equipment, if necessary. Adaptive equipment cannot impede or lessen the effectiveness of the safety procedures or equipment. No one may be strapped or belted into a watercraft.

AREA RESOURCES

NEAREST GAS STATIONS

- FuelMan Gas: 995 N Hwy 191, Moab, Utah
No store or water/air.
- Maverik Gas: 435 N Main, Moab, Utah
Large store, water/air, soft served ice cream.

NEAREST GROCERY STORES

- Village Market: Moab
From Interstate 70 take exit 182 to Crescent Junction. Turn right onto Hwy 191 towards Moab. Continue on 191 for approximately 30 minutes. After entering the town of Moab you will follow Main Street (191) for approximately 8 minutes. Village Market will be on your right.
- City Market: Moab
From Interstate 70 take exit 182 to Crescent Junction. Turn right onto Hwy 191 towards Moab. Continue on 191 for approximately 30 minutes. After entering the town of Moab you will follow Main Street (191) for approximately 5 minutes. City Market will be on your left.

LODGING

- Redstone Inn: 535 Main Street, Moab, Utah
Phone: (435) 259-3500
- Moab Rustic Inn: 100 S 120 E, Moab, Utah
Phone: (435) 259-6177
- Big Horn Lodge: 550 South Main Street, Moab, Utah
Phone: (800) 325-6171

CAMPING

- Hittle Bottom Campground is located 23 miles from the junction of Highway 191 on Highway 128. The campground accommodates large RVs as well as tents. The Hittle Bottom boat ramp is the starting point for the Colorado River "Daily." An historic homestead is also located at the campground. Campsites are available on a first-come, first served basis. NO POTABLE WATER! \$15 per site, 10 sites, toilets.
- Big Bend Campground is located 7.4 miles from Highway 191 on Highway 128. Big Bend can accommodate large RVs, trailers, and tents. Many of the sites are located next to the Colorado River, and all are surrounded by imposing cliffs. Big Bend has a sandy beach, a river walkway, and features accessible facilities. Campsites are available on a first-come, first served basis. NO POTABLE WATER! \$15 per site, 23 sites, toilets.



DIRECTIONS TO ADVENTURE LOCATIONS

HITTLE BOTTOM BOAT RAMP

From Salt Lake City (240 miles)

1. Get on I-15 South.
2. Take Exit 258 onto Highway #6 –Price/Manti (near Spanish Fork).
3. Highway #6 will take you to Price. Continue through Price until it joins I-70.
4. Take I-70 Eastbound towards Green River.
5. Continue past Green River to the Moab Exit – Highway #191.
6. Head South towards Moab. Two miles before Moab turn left onto Highway #128.
7. Follow Highway #128 along the river for until about ½ mile past mile post #23 (appx 23.5 miles from the turn off onto Highway #128).
8. Hittle Bottom will be on your left next to the river.
9. There are many large cottonwood trees and some large accessible outhouses.

From Moab

1. Take Highway 191 North from Moab. Before crossing the bridge over the Colorado River turn Right onto Highway 128.
2. Follow Highway 128 along the river for until about ½ mile past mile post #23 (appx 23.5 miles from the turn off onto Highway #128).
3. Hittle Bottom will be on your left next to the river.
4. There are many large cottonwood trees and some large accessible outhouses.

ROCKY RAPID BOAT RAMP

From Salt Lake City (233 miles)

1. Get on I-15 South.
2. Take Exit 258 onto Highway #6 – Price/Manti (near Spanish Fork).
3. Highway #6 will take you to Price. Continue through Price until it joins I-70.
4. Take I-70 Eastbound towards Green River.
5. Continue past Green River to the Moab Exit – Highway #191.
6. Head South towards Moab. Two miles before Moab turn left onto Highway #128.
7. Follow Highway #128 along the river for about 16 miles.
8. Turn Left after you see the sign for Rocky Rapid.
9. Park in the lot and look for the Splore shuttle.
10. If you pass Sorrel River Ranch, you've gone too far.

From Moab

1. Take Highway 191 North from Moab. Before crossing the bridge over the Colorado River turn Right onto Highway 128.

DEWEY BRIDGE CAMPGROUND

From Salt Lake City (250 miles)

1. Get on I-15 South.
2. Take Exit 258 onto Highway 6 –Price/Manti Exit (near Spanish Fork).
3. Highway 6 will take you to Price.
4. Continue on Highway 6 through Price until it joins I-70 (70 miles past Price).
5. Take I-70 Eastbound towards Green River.
6. Continue past Green River and drive for approximately 44 miles.
7. Take Cisco Exit #204 and turn right.
8. Then turn right onto Highway 128, toward Moab.
9. Continue heading south on Highway 128 for about 17 miles.
10. You will cross the Colorado River (Dewey Bridge).
11. Take your next right into the Dewey Bridge Campground.

From Moab

1. Take Highway 191 North from Moab. Before crossing the bridge over the Colorado River turn Right onto Highway 128.
2. Follow Highway 128 along the river for until about 33 miles from the turn off onto Highway 128. Dewey Bridge campground will be on your left before you cross over the bridge.

TAKE OUT BEACH

From Salt Lake City (227 miles)

1. Get on I-15 South.
2. Take Exit 258 onto Hwy 6 –Price/Manti (near Spanish Fork).
3. Hwy 6 will take you to Price. Continue through Price until it joins I-70.
4. Take I-70 Eastbound towards Green River.
5. Continue past Green River to the Moab Exit – Hwy 191.
6. Head South towards Moab. Two miles before Moab turn left onto Hwy 128.
7. Follow Hwy 128 along the river for about 10 miles. You will see a sign for “BLM Takeout” just past mile marker 10. Turn Left into the parking lot.
8. Park your vehicle in the parking lot and look for the Splore shuttle vehicle.

From Moab

1. Take Hwy 191 North from Moab. Before crossing the bridge over the Colorado River turn Right onto Hwy 128.
2. Follow Hwy 128 along the river about 10 miles. You will see a sign for “BLM Takeout” just past mile marker 10. Turn Left into the parking lot.
3. Park your vehicle in the parking lot and look for the Splore shuttle vehicle.



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FIND US ON:

-  facebook.com/gosplore
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