

# Multiple Sclerosis

What type of MS do you have?

Benign (mild)      Relapsing-remitting      Chronic-progressive  
Please explain:

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When were you diagnosed? \_\_\_\_\_

Do you have any spasticity? Yes \_\_\_ No \_\_\_

If yes, please explain:

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How is your balance? (level ground, stairs, etc).

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What is the average length of activity until you become fatigued?

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How do you react to heat/cold exposure?

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Have you ever had an exacerbation episode? Yes \_\_\_ No \_\_\_

Do you know when you are having an exacerbation episode? Yes \_\_\_ No \_\_\_

What happens when you have an episode?

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How could the staff assist your during an episode?

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Participant Name: \_\_\_\_\_