

HORSEBACK SPECIFIC PROGRAM INFORMATION

1. Have you ever ridden or been around horses before?

2. Do you use a mobility device, wheelchair, walker or cane? *(please specify)*

3. Can you support your own body weight either standing independently or through the use of additional support?

4. How long can you support yourself and how much support do you need?

5. How is your balance?

(This question is used to determine the need for side-walkers. A side-walker walks along the side of the horse and places their forearm over the rider's thigh. A side-walker can be present as a precaution, for support when the rider becomes fatigued or to offer support to the rider for the entire ride.)

6. Do you get fatigued easily?

7. What other activities are you involved in?

Comments:

Please Note: All participants must wear appropriate apparel, which includes long pants, closed toe shoes with a heel, and a helmet (helmet provided by the National Ability Center)